

Conditions and rules for internship in POLAND

- Definition for an internship

In Poland, there are some definitions but rather descriptive than legal.

- Internship out of an educational period

It is allowed in some cases: potential intern must be unemployed. Can be directed by the regional labor office (then receive some money from the LO) or can apply for the internship himself. (In this case rather unpaid)

- Conditions about the type of study

The length of internship depends on the delegating school.

- Duration of an internship

Minimum 4 weeks and not less than 130 working hours

- Payment/gratification

Some schools can pay a fixed amount to the intern. The student can also ask the hosting firm for an additional contract.

- Contract:

The contract is compulsory for trainees sent by schools. The contract has to be signed by the school and the hosting firm.

Student can also apply for the internship as individual person. Then, a contract will be signed by him and the hosting firm..

- Insurance

In case of students, they should be insured by their sending schools, or must insure themselves.

- Other useful information

Everyone who wants to work (including internship) in the food industry, with a direct contact with processed food must have a sanitary booklet file, approving for work with food.